

Elder Abuse Awareness: Protecting Your Well-being and Finances

Approximately 10% of older adults in Ontario experience abuse, often at the hands of those they trust. This tip sheet provides essential signs to watch for and practical ways to maintain control over your personal and financial life.

Recognizing the Red Flags



Financial Warning Signs

Look for unexplained bank withdrawals or sudden pressure to sell a home or belongings.



Behavioral & Physical Signs

Watch for unexplained injuries, poor hygiene, or a senior acting fearful around specific people.



Economic Abuse

This includes the misuse of Powers of Attorney or taking control of property titles.

Steps to Protect Yourself



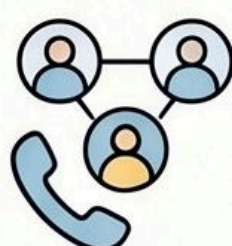
Plan While Independent

Communicate your future wishes and legal plans to family before any health crises occur.



Secure Important Documents

Keep medical records, bank information, and identification together in a safe, accessible emergency bag.



Stay Connected

Maintain relationships outside the family to ensure a diverse circle of support and care.

Help is Available



Victim Services (Call or Text)

(705)-647-0096

Elder Abuse Task Force



**(705) 647-4305
ext 2239**

Seniors Safety Line



1-866-299-1011